

Free Event with something for the whole family!
Classes, clinics, demonstrations and screenings



2014 EXPO

MEDFORD CHAMBER HEALTH & WELLNESS

www.medfordchamberma.com/ / 781-396-1277

March 23rd, 2014
10AM - 2PM

Special Visit by: Wally the Green Monster appearing from 11:30am-1:15pm

*Classes: Zumba® Class from 10-11AM with ZIN™ Nanci Branson Palladino
Country Line Dancing 11:15am with Julie Kaufmann
Healthy-Steps 11:45am with Julie Kaufmann*

*Clinics: Golf 10:30am
Baseball 11:30pm
Crew 12:30pm*



MEDFORD HIGH SCHOOL CAGES
489 WINTHROP ST./MEDFORD, MA 02155

*Sponsored By: Hallmark Health; Patriot Community Bank; Waddell, Reed Financial Advisors,
Whole Foods Medford and Primary Care Practice Mount Auburn Healthcare*



MOUNT AUBURN HOSPITAL



MEDFORD
2151 Mystic Valley Parkway
Medford MA 02155



Investing. With a plan.



PATRIOT
COMMUNITY BANK