



## AllOne Health Employee Assistance Program (EAP) A Confidential Counseling and Referral Service

**You receive 6 confidential in-person or phone counseling sessions.**



- Manage Anxiety/Depression
- Adjust to Demands of Work
- Resolve Relationship Conflict
- Talk About a Loved One's Drinking
- Address Parenting and Family Issues
- Assess Your Level of Stress
- Become a Better Communicator



**You receive legal assistance.**

One free 30 minute office or telephone consultation per legal matter (does not include job-related legal issues).

- Divorce
- Child Custody
- Car Accidents
- Real Estate / Landlord / Tenant Issues



**You receive financial counseling.**

One free 30 minute telephone consultation per financial issue.



- Financial Planning
- Credit Card Debt
- Tax Advice
- College Planning
- Retirement Consultation



**Available to employees and household members  
24 hours a day, 7 days a week**

**800-451-1834**