

MEDFORD

COMMUNITY

RESOURCE

GUIDE

Welcome to the City of Medford

City Hall: 85 George P. Hassett Drive Medford, MA 02155

Phone: 781-396-5500

Updated by The Office of Human Diversity & Compliance and The
Tufts University Department of Community Health



City of Medford

Office of the Mayor

Room 202, City Hall

Medford, Massachusetts 02155

Telephone (781) 393-2408

STEPHANIE MUCCINI BURKE

MAYOR

FAX (781) 393-2514

TDD (781) 393-2516

Hello and Welcome to the City of Medford,

Medford is a wonderful, vibrant community that is home to over 56,000 residents and many businesses. Medford sits on the Mystic River and is conveniently located about 3.2 miles northwest of downtown Boston, with great accessibility. Our community is proud to provide excellent police and fire services, committed public service employees, as well as citizens and volunteers dedicated to support the growth and development of the City.

The City takes great pride in our excellent education for all our students. All four elementary schools, two Middle Schools, Medford High School, Curtis/Tufts Alternative School, Medford Vocational Technical High School and Tufts University, reflect our focus on strong academic institutions.

Medford has partnered with neighboring cities to develop the River's Edge area along the Malden River to create housing opportunities, establish new jobs as well as preserve environmental open space for our entire community.

The ideal location, diverse neighborhoods, extraordinary architecture around our historical landmarks, our bright economic future and remarkable culture makes Medford a unique place for recreation, growing businesses, accessibility and transportation.

To help you get acclimated, I have enclosed a Welcome to Medford Guide with useful information about our City and the governmental services provided. I know this guide will help to ensure a positive transition into the community. I am thrilled that you have chosen Medford as your home!

If you have any questions about the information in this guide or Medford in general, please call 781-393-2408. We also welcome you to come into the office and say hello!

Very truly yours,

Stephanie M. Burke
MAYOR

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Public Safety

Emergency Services (Fire, Police, or Ambulance)

Phone: 911

Police Department

100 Main Street
www.medfordpolice.com

Phone: 781-391-6404

Email: police@ci.medford.or.us

Detectives: 781-391-6767
Drug and Crime Hotline: 781-391-6171
6779
Other calls: 781-395-1212

Community Services Unit: 781-391-6770
Domestic Violence: 781-391-6778 or

Fire Department

120 Main Street
www.medfordma.org/departments/fire-department

Phone: 781-396-9400

Email: fire@cityofmedford.org

M-F 8:30 AM - 4:30 PM

The Medford Fire Department is dedicated to the protection of life and property through fire suppression, emergency medical aid, hazardous materials mitigation, fire education, fire prevention.

Poison Control Center

Toll-free number to call for a poisoning emergency.

Phone: 1-800-222-1222

Public Works

Department of Public Works

Phone: 781-393-2417

Medford City Hall, Room 304

www.medfordma.org/departments/department-of-public-works

The Department of Public Works maintains city roads, trees, parks, playgrounds, other recreational areas, the water and sewer system, and the cemetery. This department also manages trash and recycling collection.

Forestry Division

Phone: 781-393-2419

21 James Street

Email: atuen@medford.org

Emergency: 781-393-2445

www.medfordma.org/departments/department-of-public-works/dpw-links/forestry-division

Report fallen limbs and trees. Branches for yard waste collection must be in 3" long, 3" diameter and tied in bundles. Power outages due to fallen limbs on wires residents can contact National Grid at 1-800-322-3223 or www.nationalgrid.com.

Highway Division

Phone: 781-393-2445

21 James Street

Email: dpwtenaglia@medford.org

M-F 7:00 AM – 4:00 PM

<http://www.medfordma.org/departments/department-of-public-works/dpw-links/highway-division/>

Report snow issues, pot holes and road kill to the Highway Division.

Water and Sewer Division

Water Shop 21 James Street

Shop: 781-393-2502

Billing: 781-393-2498

Emergency: 781-393-2403

Email: rbaker@medford.org

Email: dproctor@medford.org

M-F 7:00 AM – 4:00 PM

<http://www.medfordma.org/departments/department-of-public-works/dpw-links/water-and-sewer-division/>

Report leaks and sewer problems to the Water and Sewer Division.

Trash

<http://www.medfordma.org/departments/department-of-public-works/dpw-links/trash-talk/>

Trash is collected weekly and must be out on the curb by 7:00 a.m. on your trash collection day. Trash collection will be delayed one day during a holiday week. Find the full schedule at:

<http://www.medfordma.org/category/trash-and-recycling/>

Recycling

City Hall, Room 304

<http://www.medfordma.org/departments/recycling/>

Phone: 781-393-2417

M, T, Th 8:30 AM-4:30 PM

W 8:30 AM-7:30 PM

F 8:30 AM- 12:30 PM

If you need a recycling bin, you can pick one up at City Hall. Recycling is collected every other week and determined by either a green or blue bin. You can recycle glass, tin, aluminum, plastic (#'s 1-5 and #7), newspapers, magazines, junk mail, paper, and cardboard. Other disposables (such as batteries, light bulbs, paint, etc.) can be dropped off at City Hall or the City Yard on James St.

Rights and Resources

Office of Human Diversity & Compliance

Medford City Hall, Room 214
<http://www.medfordma.org/departments/diversity/>

Phone: 781-393-2501

Email: dmcleod@medford.org

The mission of the Office of Human Diversity & Compliance is to address a myriad of issues through outreach, education and compliance oversight. These issues include, but are not limited to affirmative action, contract compliance, fair housing, disability, human rights, discrimination, as well as hate incidents and hate crimes. The Director works in collaboration with other City Departments, other Cities, and local, State and Federal organizations and agencies to ensure fair and equitable opportunity and access for all persons.

Commission for Persons with Disabilities

Medford City Hall, Room 214
<http://www.medfordma.org/departments/disability/>

Phone: 781-393-2501

Email: dmcleod@medford.org

The mission of the Commission for Persons with Disabilities is to provide persons with disabilities equal opportunity and access to, as well as participation in, education, employment, and public and private services in the City of Medford through advocacy, awareness and enforcement.

Transportation for Persons with Disabilities

Phone: 617-625-1191

Door2Door Transportation by SCM

67 Holland Street , Somerville , MA

Human Rights Commission

Phone: 781-393-2501

Medford City Hall, Room 214

Email: dmcleod@medford.org

<http://www.medfordma.org/departments/human-rights/>

The mission of the Human Rights Commission is to protect the civil rights of Medford residents, reinforce a positive community atmosphere, work with community groups and agencies to educate, promote understanding to eliminate prejudice and intolerance, and to mediate within the community whenever needed.

Fair Housing

Phone: 781-393-2501

Medford City Hall, Room 214

Email: dmcleod@medford.org

<http://www.medfordma.org/departments/diversity/fair-housing/>

Publicizes State and Federal Fair Housing Laws and provides enforcement referrals.

EMARC

Phone: 781-942-4888

26 Princess St. Wakefield, MA

www.theemarc.org

Provides support, advocacy and recreational programming for people with developmental disabilities and their families.

Voting

Registrar of Voters

Phone: 781-393-2491

City Hall, Room 102

<http://www.medfordma.org/departments/voter-registration/voter-registration/>

To register to vote, you must be 18 years old, a United States citizen, and a resident of Massachusetts. You may register in person by going to the Registrar of Voters. Or you may register by mail, by requesting and completing a voter registration form. To register to vote on line in Massachusetts go to www.sec.state.ma.us/ovr

Library

Medford Public Library

111 High Street

www.medfordlibrary.org

Phone: 781-395-7950

Email: bkerr@minlib.net

Email: medford@minlib.net

M-Th: 9:00 AM-9:00 PM

F: 9:00 AM-6:00 PM

S: 9:00 AM-5:00 PM

Open to all Medford residents. Closed Saturdays mid-June through Labor Day. Library cards available at the library with proof of residence in Medford. Offerings include books, DVDs, videos, tapes, audio books, museum passes, reading groups, and other special programs. Circulating materials, health-related electronic resources, reference services.

Friends of Medford Library

Phone: 781-395-7950

111 High Street

www.friendsofmedfordlibrary.org

Non-profit, volunteer organization dedicated to: providing funds for library projects and acquisitions, promoting the library's services and activities and assisting in maintaining a

welcoming and patron-friendly environment. Support for library collections, events, museum passes and other special items.

Post Offices

Medford Post Office

Phone: 781-396-2444

20 Forest Street, Medford

<http://www.uspspostoffices.com/ma/medford/medford>

Tufts University Post Office

Phone: 617-625-5755

470 Boston Avenue, Medford

<http://www.uspspostoffices.com/ma/medford/tufts-university>

West Medford Post Office

Phone: 781-483-3090

485 High Street, Medford

<http://www.uspspostoffices.com/ma/medford/west-medford>

Health Services, Hospitals, and Wellness

Medford Health Department

Phone: 781-393-2560

Medford City Hall Room 311

<http://www.medfordma.org/departments/health-department/>

Improves, preserves, and protects the health of the citizens of Medford. Advocates for a safe environment, for reduction of known health risks, and for application of known preventive health measures. Provides immunizations and flu shots.

Hallmark Health

Phone: 781-338-7575

Malden, MA

www.hallmarkhealth.org

A not-for-profit health system of more than 1,200 physicians and 4,600 employees. Includes three home health agencies and hospice care services, a family medicine residency program, a school of nursing, multiple physician group practices, and two nursing care centers.

Lawrence Memorial Hospital

Phone: 781-306-6000

170 Governors Avenue, Medford

<https://www.hallmarkhealth.org/Lawrence-Memorial-Hospital-of-Medford.html>

**City of Medford, Health Department
Office of Prevention and Outreach**

Phone: 781-393-2449

85 George P. Hassett Drive, Medford

Email: pbruce@medford.org

www.mysticvalleypublichealth.org

Prevention, Intervention and Treatment Resources.

Team Medford

Phone: 781-393-2560

85 George P. Hassett Drive, Medford

Email: pbruce@medford.org

www.teammedford.org

Team Medford is an initiative of the Health Department and works in collaboration with other coalitions, schools, school groups and police to prevent and reduce alcohol, tobacco and other drug use amongst youth and promote healthy eating, physical activity in Medford.

Greater Medford Visiting Nurses Association **Phone: 781-396-2633**

279 Mystic Avenue, Suite 2014

www.gmvna.com

Provides skilled home health services including nursing, physical therapy, occupational therapy, speech therapy, medical social work, home care aides, and personal care workers.

Mystic Valley Public Health Coalition

Phone: 781-393-2449

Email: mvroap@gmail.com

City of Medford, Malden, Melrose, Town of Stoneham, Reading, Wakefield and Winchester
Substance use and misuse primary prevention and overdose prevention coalition.

Medford Health Matters

146 Exchange Avenue

PO Box 446

www.medfordhealthmatters.org

Phone: 978-618-4533

Email: r.m.sapolsky@gmail.com

A community coalition that works to improve the health status and quality of life for people who live or work in Medford. Incorporates concerns about the environment into a healthy living lifestyle, holds an annual Walk-a-Thon, provides linkages and information for Medford residents to existing services for social and emotional support and emotional disorders treatment, prevents substance abuse, and has a Youth Advisory Council (also known as Teens Against Drinking and Drugs).

Domestic Violence

Medford Police Domestic Services Unit

100 Main Street

www.medfordpolice.com/Domestic.htm

Phone: 781-391-6778

Email: [www.](http://www.medfordpolice.com)

Provides police help in domestic issues, from physical to sexual abuse.

Medford Police Department

Phone: 781-391-6779

100 Main Street
<http://medfordpolice.com/>

Email: www.

Children and Family Services

Criterion Early Intervention Program

Phone: 781-935-5751

214 Commercial Street, Malden
www.criterionchild.com/ei.html

Enables parents and other caregivers to assess their child's developmental needs, incorporate educational and therapeutic strategies into daily routines with the help of early intervention specialists, and use community resources. Services are provided in the family's home, the child's daycare, the early intervention center, or other community locations.

Head Start, ABCD**Phone: 617-348-6272**<http://www.bostonabcd.org/head-start-early-childhood-education.aspx>

A free child and family development program for low-income families with children ages three to five. Offers education, health services, social services, nutrition, parent involvement activities, mental health services, and services to those with disabilities.

**Early Childhood/Afterschool Office of
Medford High School****Phone: 781-393-2102**

489 Winthrop Street

Email: calpers@medford.k12.ma.us

The Early Childhood/Afterschool Office of the Medford Public Schools operates several early childhood programs and four afterschool programs located at each of the elementary schools- Brooks, Columbus, McGlynn and Roberts. Parents/Guardians can call the Early Childhood Office to find out information about quality child care, public school preschool programs, and afterschool programs. We can also assist placing eligible families on the Department of Early Education and Care centralized wait list for child care—infant, toddler, preschool, and school age. The Massachusetts Department of Early Education and Care also provides a listing of all licensed child care and afterschool programs in Massachusetts. For further information please email Cheryl Alpers or call.

Afterschool programs for children Grades kindergarten through 5 at the Brooks, Columbus, McGlynn and Roberts Elementary Schools. These high-quality afterschool programs are for children in grades kindergarten through grade five. The Afterschool Program is a tuition-supported program that contributes to the growth of the child in a safe supportive learning environment. The program offers snacks, playground/gym time, homework time, art, karate, drama, science and other activities based on the interests of the children.

The program operates Monday, Tuesday, Thursday and Friday from 2:30 to 6:00 P.M. and Wednesday from 1:30 to 6:00 P.M. The program opens at 12:00 noon the day before Thanksgiving, the day before the winter recess and the last day of school. The afterschool programs are in session when the Medford Public Schools are in session. We are closed for snow days, holidays, school vacation weeks and the summer. Tuition rates are listed on the registration form. The Medford Public Schools accepts vouchers from the Child Care Circuit.

Medford Family Network

489 Winthrop Street
www.medfordfamilies.org

Phone: 781-393-2106

Email: mcassidy@medford.k12.ma.us
8:00 AM-6:00 PM

Our programs are free for all families who live or work in Medford with at least one child between the ages of birth and eight (8). Family support; parenting education workshops; age-specific play and learn groups; information and referral services; financial literacy workshops; home visitation; school readiness; ESOL; support groups (new parents, grandparents, single parents, foster parents); parent leadership opportunities; Ages and Stages child development questionnaires; Spanish Play and Learn Groups; STEAM Play and Learn Groups; intergenerational Play and Learn Groups; traveling playgroups in the parks; summer Family Concerts; Family Center; Freebie Foyer resource exchange; quarterly Swap Days; Holiday Support; early Childhood Fair; StoryWalks; collaborative programming with local organizations and businesses; monthly Family Fun Nights; Nurturing Dads program; Brain Building in Progress activities; provider professional development programs; Parent Cafes; Peer Review and individual consultation. Free Child Care and transportation options are available during our parenting workshops.

Parent-Child Home Program (PCHP)

Phone: 781-393-2122

Email: dscovell@medford.k12.ma.us.

An internationally recognized, proven, innovative home-based literacy, parenting and school readiness program that strengthens families and prepares children to succeed academically. The parent and child enroll when the child is approximately two years of age, an important time for early language development. The family continues in the program for two years. The PCHP is a free program for families that meet certain eligibility guidelines. For additional information or to make a referral please contact the coordinator, Donna Foti-Scovell, at the phone number listed or email dscovell@medford.k12.ma.us.

**Gene Mack Clubhouse
Boys & Girls Club of Middlesex County**

Phone: 781-391-3619

30 Forest Street
www.kidsclubs.org

Email: rsapolsky@kidsclubs.org
School year: 2:00PM – 6:00 PM
Summer: 9:00 AM-4:00 PM

Full-service club for children and youth ages six to fifteen. Provides after-school programs and summer camps. Has a full-size gym, a game room, an art room, a learning center with a library and reading area, a computer room, and a teen room. Membership is \$30 per year, and \$115 per week for the summer programs. Scholarships are available.

Medford Community Schools

Phone: 781-393-2226

489 Winthrop Street

Provides year-round youth and adult educational and recreational activities. Has a before-school program, school vacation week programs, and summer programs.

Medford High School Gay Straight Alliance

Phone: 781-393-2387

489 Winthrop Street

Email: morker@medford.k12.ma.us

Hours: M-F 8:00 AM-2:00 PM

Our mission is 1) To create a safe and inclusive environment for members of the LGBTQ+ community at Medford High School; 2) To promote support for LGBTQ+ youth throughout Medford; 3) To make Medford High School an accepting community for people of all identities; 4) To facilitate healthy conversations and interactions amongst LGBTQ+ youth and the greater community of Medford.

West Medford Community Center

Phone: 781-483-3042

111 Arlington Street

<http://wmcc.us/>

The West Medford Community Center (WMCC) was rebuilt in 2007 as a form to connect the diverse people of West Medford and the Mystic River Valley through social, educational, cultural, health and recreational activities.

Office of Public Services and Special Education

Phone: 781-393-2229

489 Winthrop Street

Medford Public Schools special educators believe that all students are capable of achieving high expectations when there is a strong partnership among parents, teachers, administrators and other members of the Medford community. It is our goal to teach students in order that they will achieve their full potential as independent and successful adults. Special educators bring to schools a wealth of knowledge about child development and how children learn, and the skill to monitor student progress. The special education staff's mission emphasizes a problem solving approach to concerns about student learning and progress, with the support of parents and all professionals of the Medford Public Schools.

Medford Special Education Parent Advisory Council (SEPAC)

Phone: 617-699-1962

<https://medfordsepac.wordpress.com/>

Email: medfordsepac@comcast.net

All-volunteer organization of parents and caregivers of children receiving special education services from preschool to age 22 who are served by Medford Public Schools. We support families and work with Medford School Administrators and Town Committees to help children with special education needs have a positive learning experience.

Tri-City Early Intervention Program

Phone: 781-306-4820

22 Church St., Everett, MA

Provides assessment and treatment services for developmentally delayed or at-risk children from birth to age three.

Public Schools

Brooks Elementary School

388 High St.

781-393-2166

Kindergarten through 5th grade

McGlynn Elementary School

3002 Mystic Valley Parkway

781-393-2333

Pre-school through 5th grade

Andrews Middle School

3000 Mystic Valley Parkway

781-393-2228

6th through 8th grades

Curtis Tufts Alternative High School

437 Main St.

781-393-2343

9th through 12th grades

Medford High School

489 Winthrop St.

781-393-2325

9th through 12th grades

Columbus Elementary School

37 Hicks Ave.

781-393-2177

Kindergarten through 5th grade

Roberts Elementary School

35 Court St.

781-393-2155

Kindergarten through 5th grade

McGlynn Middle School

3004 Mystic Valley Parkway

781-393-2333

6th through 8th grades

Medford Vocational-Technical High School

489 Winthrop St.

781-393-2260

9th through 12th grades

The Medford Public Schools is a full service school system that deals with the human development of the whole child. This safe, inclusive, diverse and supportive learning environment helps to produce healthy, intelligent, capable citizens who can attain good jobs and positive family living. The Medford Public Schools is the Advantage you do not want to miss!

Central Administration:

Superintendent Roy E. Belson – Medford High School, 489 Winthrop Street, 781-393-2442 & 2206 - rbelson@medford.k12.ma.us

Deputy Superintendent Beverly G. Nelson – Medford High School, 489 Winthrop Street, 781-393-2364 - bnelson@medford.k12.ma.us

Assistant Superintendent, Director of Elementary Education/Title 1 Diane Caldwell, Medford High School, 489 Winthrop Street 781-393-2310 & 2265 - dcaldwell@medford.k12.ma.us

Director of Finance and Administration Patricia Velie, Medford High School, 489 Winthrop Street 781-393-2100 & 2200 - pvelie@medford.k12.ma.us

Director of Pupil Services Kathleen Medaglio, Medford High School, 489 Winthrop Street, 781-393-2229 & 2235 & 2367 - kmedaglio@medford.k12.ma.us

Director of Technology/Media/Fine Arts Richard Trotta, Medford High School, 489 Winthrop Street, 781-393-2279 & 2239 - rtrotta@medford.k12.ma.us

Medford Public Schools Transportation:

Kindergarten through middle school: The elementary or middle school your child attends will ask you to choose a bus route and a stop from the list available on the Medford Public Schools website at www.medfordpublicschools.org. Complete the forms provided by your child's school letting the school know your chosen a.m. stop and p.m. stop. Please note, any change must be in writing to the building principal. Children K-2 are provided bus tags that must be worn prominently on their backpacks for the entire school year, and these students must be met by a designated parent/guardian/or designated other when disembarking from the bus. If not met, they will be returned to their school.

High School: If you live in the Heights area, one yellow school bus is provided. Please refer to list on Medford Public Schools website. If you live outside the Heights area and still require transportation, please see the MBTA information available on the website. Monthly MBTA Bus Passes can be purchased in the Accounts Payable Office (first floor of MHS in hallway off of main lobby) between 7:00 am and 3:00 pm. The phone number for the Accounts Payable Department is 781-393-2266. The MBTA Board of Directors approves the fare structure for student's bus passes. For further information please contact transportation@medford.k12.

ESL, ESOL, and Translation/Interpretation Services

English At Large

800 Cummings Park Dr. #5550

Woburn, MA 01801

www.englishatlarge.org

Phone: 781-395-2374

Email: info@englishatlarge.org

Provides free basic English and basic literacy classes to adults through one-to-one and small-group tutoring, conversation practice, and direct referrals to human-services organizations.

Medford Family Network ESOL Classes

489 Winthrop Street

<http://www.medfordlibrary.org/literacy>

Phone: 781-393-2106

Provides free beginner and intermediate English language classes to adults living or working in Medford. Also provides free child care and public bus passes during the classes. Classes are twice a week at Medford High School.

**Medford Public Schools,
English Language Learners Department
Translator/Interpreter Services**

Phone: 781-393-2348 or 781-393-2341

489 Winthrop St.

Email: ltrotta@medford.k12.ma.us

The English Language Learners Program is housed in six of our schools; all of the elementary schools, the McGlynn Middle School, and Medford High School/Medford Vocational Technical High School. ELL students are placed based on their level of English proficiency. The goal for ELLs is to develop English language proficiency in social and academic language in listening, speaking, reading, and writing. Translation is available to parents if needed. Haitian-Creole, Portuguese, Chinese, Spanish, and Vietnamese translation is generally available through in-house interpreters; other languages are available through outside services contracted by the school district.

Immigrant Learning Center

Phone: 781-322-9777

442 Main St. Malden, MA
www.ilctr.org

Provides free, year-round English classes to immigrant and refugee adults in Greater Boston.

ESOL - A Better Tomorrow Services

Phone: 617-381-0300

153B Main St., Everett, MA
www.abtcharity.org

Provides a number of services including English as a second language classes, citizenship preparation and computer literacy.

Elder Services

Council on Aging

Phone: 781-396-6010

101 Riverside Avenue

Email: medfordcoa@verizon.net

M-F 9:00 AM to 4:00 PM

<http://www.medfordma.org/departments/council-on-aging/>

Provides information on elder benefits and programs. The Council evaluates, promotes, encourages and provides new and existing services that are intended to enhance the quality of the lives of elder residents. Offers services and activities to elders (who are at least 60 years of age), including classes, trips, informational seminars, social services, a Home Maintenance Program, volunteer opportunities, legal assistance, daily lunch programs on weekdays, and transportation to certain places.

Senior Citizens Drop-In Center

Phone: Mon. and Wed.: 781-396-0377;
All other times: 781-396-6010

101 Riverside Avenue

M-F 10:00 AM to 3:00 PM

Programs include daily lunch, card playing, Bingo games, and day and overnight trips.

Mystic Valley Elder Services

Phone: 781-324-7705

19 Riverview Business Park

300 Commercial St., Malden, MA

www.mves.org

Promotes safe, independent living for elders, and is an entry point through which elders, families, caregivers, and health care professionals can access a wide variety of programs and services.

Meals-On-Wheels, Mystic Valley Elder Services Phone: 781-324-7705

Monday-Friday, served at noon. Call the morning of the day before to reserve a meal.

SCM Community Transportation Phone: 617-625-1191

167 Holland Street

Call weekdays from 9:00 a.m. to 1:00 p.m. Gives elders and persons with disabilities free rides to medical appointments, the supermarket, and other locations. Register in advance.

**The Community Family,
The Buddy Coholan Memory Loss Center** Phone: 781-395-5542

121 Washington St.

www.communityfamily.org

Email: info@communityfamily.org

9:00 AM- 3:00 PM

Provides nursing care, nutrition help, social work services, therapeutic activities, transportation, and caregiver support groups for people experiencing memory loss and their families.

Elder Abuse Hotline Phone: 1-800-922-2275

24-hour toll-free number to call to report incidents of elder abuse.

West Medford Community Center Phone: 781-483-3042

111 Arlington Street

<http://wmcc.us/>

Veterans' Services

Veterans' Services Office

Phone: 781-393-2504

City Hall, Room 100

www.medford.org/Pages/MedfordMA_Veteran/index

Provides assistance and services to Veterans and their dependents in order to access local, state, and federal benefits. Services may include disbursement of all 108CMR C.115 Veteran-related benefits to eligible Veterans and/or their dependents, ensuring all veterans graves/plaques and memorials are respected and properly maintained, coordinate/assist Veterans in need of shelter, clothing, food, employment, training and education, actively participated in all patriotic and Veteran-related issues, including lobbying for Veterans rights, providing counseling to Veterans and their depends for referral to SSI, SSD and Medicare/Medicaid, facilitating and coordinating motor vehicle registration exemptions and Veterans series plates, expediting and processing requests for Veterans military discharge records (DD214), facilitating application for Veterans bonus/annuity benefits, and processing, expediting and submitting all V.A. related claims for compensation, non-service related disabilities, etc.

Housing and Shelters

Medford Housing Authority

Phone: 781-396-7200

121 Riverside Ave

M-F, 9:00 AM – 5:00 PM

www.medford.org/Pages/MedfordMA_Housing/index

Contact to apply for public housing, Section 8 vouchers for subsidized housing, and senior citizen housing.

Housing Families, Inc.

354 Cross St., Malden, MA
www.housingfamilies.org

Phone: 781-322-9119

M-F, 9:00 AM – 5:00 PM

Provides safe, temporary shelter; pro bono legal services; creates affordable housing; and offers individualized supportive services to family members of all ages.

ABCD**Mystic Valley Opportunity Center**

110 Pleasant St., 3rd floor, Malden, MA

Phone: 781-321-3431

Assists homeless and at-risk families in finding and keeping permanent affordable housing and guides families through the housing and benefits systems.

**Medford Family Life and
Education Center (Heading Home)**

2 Central Avenue
www.headinghomeinc.com

Phone: 781-391-9116

A transitional shelter with capacity for eight families. Run by Heading Home, an organization that provides affordable housing and intensive support services to individuals and families.

Heading Home

The Schraffts Center 529 Main Street, Suite 100, Charlestown, MA
www.headinghomeinc.com

Phone: 617-864-8140

Heading Home provides emergency, transitional and permanent housing, and support services, to low-income homeless and formerly homeless families and individuals in the community. See more at: <http://www.headinghomeinc.org/about-us#sthash.sobLzxZ1.dpuf>

Energy Assistance

**Low-Income Home Energy
Assistance Program (LIHEAP)
Mystic Valley Opportunity Center**

Phone: 781-322-6284

ABCD Malden at 110 Pleasant Street, Malden, MA

Action for Boston Community Development, Inc. is now operating the Low-Income Home Energy Assistance Program (LIHEAP) serving thousands of working families and seniors in Malden, Medford, Everett, Melrose, Stoneham, Winchester and Woburn. The ABCD-Malden Low-Income Home Energy Assistance Program expects to provide more than 6,000 households with fuel assistance in the seven Greater Malden communities. In the Boston area, ABCD Fuel Assistance traditionally serves more than 20,000 households annually.

Food Assistance and Pantries

**ABCD
Mystic Valley Opportunity Center**

Phone: 781-322-4125

110 Pleasant St., 3rd floor, Malden, MA

Offers advocacy services, housing and homeless resources, referral resources, fuel assistance, and a Headstart program to qualifying residents.

Medford Farmers Market

City Hall Plaza, Medford, MA
www.medfordfarmersmarket.org

Email: medfordfarmersmarket@gmail.com
June - October, Thursdays 3-7PM

Access to seasonal, local, fresh produce, eggs, meat, prepared foods, and more. EBT matching available, up to \$20. In addition to our Thursday market, we also offer a subsidized CSA for Medford seniors on Tuesdays.

**Medford Women, Infants, and Children
Nutrition (WIC) Program**

Phone: 781-391-2753

Governors Avenue

A program that provides nutrition and health education, healthy food, and other free services to Massachusetts families who qualify.

Food Stamps

Phone: 781-388-7300 or 781-321-3431

Food Source Hotline

Phone: 1-800-645-8333

Call to receive information about emergency food programs and information on other food and nutrition programs.

Shiloh Baptist Church

Phone: 781-483-8850

Holton and Bower Streets

Open the 2nd Tuesday of every month from 6:00 p.m. to 7:00 p.m. and the 3rd Saturday of every month from 10:00 a.m. to 11:00 a.m.

St. Francis of Assisi Church

Phone: 781-396-3400

441 Fellsway West

Open Thursdays from 3:00 PM to 4:30 PM

St. Raphael's Church

Phone: 781-488-5444

38 Boston Avenue

Open Tuesdays from 11:00 a.m. to 1:00 p.m.

**Unitarian Universalist
Church of Medford
& Food Pantry**

Phone: 781-396-4549

147 High Street, Medford, MA

http://uumedford.org/social_action.html#commCupboard

Mobile Food Market
North Suburban WIC Program/Hallmark Health
Malden, MA

Every 2nd Saturday, 1-2pm. Located at the North Suburban WIC program, 239 Commercial Street in Malden. A shuttle will be provided from Medford City Hall at 11:30am. Offered in partnership with the Greater Food Bank. Preregistration required. Please call 781-393-2439

Advocacy and Immigration Services

**Massachusetts Immigrant and
Refugee Advocacy Coalition (MIRA)**

Phone: 617-350-5480

105 Chauncy St., #901, Boston, MA
www.miracoalition.org

Advocates for the rights and opportunities of immigrants and refugees through education, training, leadership development, organizing, policy analysis, and advocacy. Brings together groups serving immigrants and refugees and involves hundreds of grassroots immigrant organizations, human services agencies, legal service providers, religious groups, and human rights groups.

Consumer Advisory Commission

Phone: 781-393-2460

85 George P Hasset Drive, Medford, MA
www.mass.gov/ago/consumer-resources/

Our Office works in cooperation with the Massachusetts Office of Attorney General to resolve complaints filed by local residents. Some complaints we handle are: retail sales, credit and debt collection, automobile sales and service, home improvement, foreclosure issues, landlord tenant complaints. Consumers can file a complaint by calling our office or going to our website.

Medford Conversations

109 Eaton Hall, Medford, MA
<http://medfordconversations.org/>

Medford Conversations' mission is to include and actively engage a multiplicity of voices in our community. Through conversations, the project hopes to encourage people to create and act on visions for a sustainable, just, and thriving Medford, Massachusetts.

Medford Community Coalition

Medford, MA

Email: MedfordCoalition@gmail.com

[Facebook.com/MedfordCoalition](https://www.facebook.com/MedfordCoalition)

We are a collaboration of concerned citizens, local organizations, & businesses working together to create and maintain a thriving community in Medford, MA. Twitter @MedfordCitizens Instagram @MedfordCitizens #thisisMedfordMA #EnvisionMedford.

Employment Services

Metro North Regional Employment Board

Phone: 617-864-1500

125 Cambridge Park Dr., Cambridge, MA

www.mnreb.org

Works with Medford residents to acquire the skills necessary to become economically self-sufficient and assists employers in finding employees. Provides skill building and trainings. Acts as a link between training providers, social service organizations, the business community, and regional economic development agencies.

Business Organizations

Medford Chamber of Commerce

Phone: 781-396-1277

1 Shipyard Way, Medford, MA

www.medfordchamberma.com

director@medfordchamberma.com

Provides a unified voice for the business community to use to address issues of interest to the business people in Medford. Provides access to government officials and plays a key role in identifying, analyzing, and recommending solutions to issues and problems.

Parks and Recreation

Medford Department of Recreation

Phone: 781-393-2486

City Hall, Medford, MA

<http://www.medfordma.org/departments/recreation/>

Has sport leagues and 7-week summer park activities and programs for children and youth ages six to fourteen.

Middlesex Fells Reservation

Phone: 781-662-2340

Fellsway West, Medford, MA

www.fells.org

A state park with 2,500 acres of protected woods with hiking trails, ponds, and wildlife. Protects land and water and is a place where you can enjoy recreational activities and leisure, such as hiking, fishing, biking, skiing, and picnicking. The Fells endures as a destination where visitors can relish the peace and beauty of nature in the midst of exceptional protected landscape.

Friends of the Mystic River

Phone: 781-874-0920

P.O. Box 560083, Medford, MA

www.fomr.org

Advocacy and education focused on the enjoyment, protection and enhancement of the Mystic River in Medford and the Mystic River Watershed.

Medford Bicycle Advisory Commission

Medford City Hall

Email: info@medfordbikes.org

medfordbikes.org

Technical advice on bicycle infrastructure, safety and skills training and organizing community bike rides. The Bike Commission is staffed by an all-volunteer group of Medford residents. It meets the 4th Weds. of each month in Room 201 of Medford City Hall and all are welcome to attend. Visit our website or Facebook page for news and events.

West Medford Community Center

111 Arlington St., Medford, MA

www.wmcc.us

Phone: 781-483-3042

T-Th 10:00AM – 3:00 PM

Email: icesemail@gmail.com

The West Medford Community Center connects the diverse people of West Medford and the Mystic River Valley through social, educational, cultural, health and recreational activities. For over sixty years the West Medford Community Center has connected the diverse people of West Medford. Programs and services include senior lunches, exercise classes, advocacy, and health programs; performing art classes in dance, music, and singing; health fairs and health education; teen programs and a teen center; a technology lab; “Meet Your Neighbor” potluck dinners; and lectures, forums, and community meetings.

Wrights Pond

Phone: 781-393-2417

Elm St., Medford, MA

Bicycling, cross-country skiing, freshwater fishing, swimming, general play, hiking, picnicking, walking, and jogging. Resident passes available to Medford residents for \$5 and car stickers available for \$20 in June. Must have driver’s license and Massachusetts registration to purchase a pass by mail or in person from the Department of Public Works (City Hall, Room 304). Beach access and water access equipment for persons with disabilities.

Historical and Cultural Sites and Organizations

Medford Historical Society

10 Governors Ave, Medford, MA

www.medfordhistorical.org/

Phone: 781-391-8739

mhsquerries@yahoo.com

In recent years, the Society has been active in preserving significant older buildings — such as the Peter Tufts house; seeing that trees are planted along our city streets; replacing damaged historical markers; protecting the Mystic River and the Middlesex Fells; publishing a modern history of the city in 1980; Medford on the Mystic, as part of the celebration of the city’s 350th

anniversary, modernizing its headquarters building; giving tours and historical lectures for our school age youth; holding regular meetings with talks on the city's history; and now in preserving for the city and scholars its magnificent collection of Civil War photographs.

Royall House Association

Phone: 781-395-7766 or 781-396-9032

15 George St., Medford, MA

www.royallhouse.org/index.php

A museum that is a cultural and educational resource for the general public. It is dedicated to the preservation of the buildings, site, and the research and interpretation of the history of the Royall House and Slave Quarters.

Medford-Brooks Estate Land Trust (M-BELT)

Phone: 781-396-3001

275 Grove Street, Medford, MA

Email: Inquiries@brooksestate.org

www.brooksestate.org

Brooks Estate is conservation land located in NW Medford. M-BELT works to protect and restore the Brooks Estate, open space and historic landscape owned by the people of Medford. The Brooks Estate is open for walking, birding, and nature study every day from dawn to dusk. Enter at the green gate (275 Grove Street, off High Street, Medford).

Transportation

Door2Door Transportation by SCM

Phone: 617-625-1191 x 0

167 Holland Street, Somerville, MA

Email: jkeegan@scmtransportation.org

<http://www.scmtransportation.org>

Accessible, door-to-door transportation to medical appointments, grocery shopping, meal sites and clinical programs for seniors and individuals with disabilities. Door2Door Transportation by SCM - Giving the Community a Lift!

Massachusetts Bay Transportation Authority (MBTA)

Phone: 617-222-3200

www.mbta.com

Provides public rail, bus, and ferry (boat) transportation.

Local Media (internet, newspaper, and television)

Inside Medford

www.insidemedford.com

Email: agoldsberry@gmail.com

Local news website for Medford news only.

Medford Mercury

Phone: 781-321-8000

277 Commercial, St., Malden, MA

Daily Medford newspaper.

Medford Transcript

Phone: 781-396-1982

57 High St., Medford, MA

Weekly Medford newspaper.

Cable Access Television

Phone: 781-393-2260

Medford Vocational Technical High School

489 Winthrop Street, Medford, MA

Coming Soon at this new location

Public access television channel (channel) after school hours. Medford residents can produce programs for the community.

The Arts

CACHE

Medford, MA

cacheinmedford.org

Email: cacheinmedford@gmail.com

Coalition of more than 20 arts and culture organizations throughout Medford, providing free arts and culture events to the community, including Circle the Square, the Mystic River Celebration and Arts Across Medford.

Chevalier Theatre Organ Society

P.O. Box 27, Medford, MA

<http://www.chevaliertheatreorgan.org/>

Phone: 781-874-0920

Email: info@chevaliertheatreorgan.org

The Chevalier Theatre Organ Society is a nonprofit membership organization that was created to restore and install a 1922 Mighty Wurlitzer Theatre Pipe Organ at Chevalier Theater in Medford, including raising all necessary funds, and to contribute to the musical and historical education and cultural enrichment of the public and students by presenting concerts, shows and classes featuring theatre pipe organ music.

Friends of Chevalier Auditorium

PO Box 288, Medford, MA

<http://www.friendsofchevaliertheater.org/>

Phone: 781-874-0920

Email: friendsofchevalier@gmail.com

Friends of Chevalier is a nonprofit organization whose mission is to foster financial and community support for the Chevalier Theater and Gene Mack Gymnasium - home of the Medford Boys & Girls Club - and to promote cultural, theatrical, civic and youth programs in the historic facility on Forest Street in Medford.

Chevalier Theater

30 Forest Street, Medford, MA

Phone: 781-539-6925

email: info@chevaliertheatre.com

The Chevalier Theatre is a city-owned, Commission-managed theater hosting community performances as well as national acts. It has a large seating capacity, and a stage large enough for full productions as well as seating an audience for a unique theater experience. The theater is available for rentals for public as well as private events.

Jerome Street Studios

Phone: 781-648-1446

128 Jerome Street, Medford, MA
www.jeromestreetstudios.com

Email: smtodhunter@yahoo.com

A local cooperative studio space for artists.

Medford Arts Center Inc.

PO Box 713, Medford, MA
www.medfordarts.org

Email: medfordartscenter@gmail.com

Art--2D and 3D.

Medford Arts Council, City of Medford

Phone: 815-301-8949

Medford, MA

Email: chair@medfordartscouncil.org

Established in 1980, the Medford Arts Council serves to bring high-quality cultural programming to the community. We work to increase public access to Medford's many cultural assets and promote favorable conditions for our creative economy. On an annual cycle we offer grants to artists, writers, performers, instructors, cultural organizations, and others seeking to engage the Medford public. We also help sponsor new public arts and humanities initiatives in Medford. The funds we distribute are an annual allocation from the Massachusetts Cultural Council through their Local Cultural Council (LCC) program. The Council also receives funding from the City of Medford. The Council funds public events like the Arts Across Medford festival, Circle the Square, and West Medford Open Studios, as well as dozens of concerts, classes, field trips, performances, and other activities in disciplines including dance, theater, music, science, history, literature, craft and design, and the visual arts. In 2016, we were selected as the Council of the Year by the Massachusetts Cultural Council, in recognition of our dedication to community arts and culture. We are here to serve Medford, and we can do that most effectively when you tell us what you think. What arts and cultural events would you like to see in Medford? What are important issues for arts and culture that we should know about? Do you have ideas for new and innovative public arts programming for your neighborhood? How could Medford be more arts-friendly? How can we strengthen the humanities (those language-based disciplines such as history and literature) in Medford? What kinds of public art would be at home in our parks, playgrounds, and open spaces? Are you interested in contributing to the Council's work? Your feedback and input help us decide how to set our priorities and which proposals are most important to fund.

Mystic Makerspace

<http://www.mysticmakerspace.org/>

Email: MysticMakerspace@gmail.com

The Mystic Makers believe learning to make empowers individuals and strengthens community. The Mystic Makerspace is a collective source of tools, space, education, and materials made available to all. We provide equal opportunity access to a safe and welcoming environment where community members can learn to create and repair by sharing skills, knowledge and tools

West Medford Open Studios

Phone: 781-483-3605

105 Sharon Street, Medford, MA

www.wmos.org

See website for info.

Worship Places

Grace Episcopal Church

Phone: 781-396-7215

160 High St, Medford, MA

M-F 9:00 AM- 2:00 PM

Grace Church offers three worship services on Sunday (8:00am, 10:00am, and 5:00pm). We also run the GraceWorks Childcare Program, which offers affordable, quality childcare and an afterschool program to Medford for children ages 15 months to 14 years, Monday-Friday 8:00am-6:00pm. We host a community dinner at 6:00pm on Wednesday throughout the school year, with classes for younger kids at 5:30pm and older children and adults from 6:45pm-8:00pm. As part of the Medford Film Coalition, we regularly host free, public screenings for the community. Our community outreach includes GreenUp CleanUp park clean-ups, worship services at a local nursing home, biannual clothing pantries, and monthly community service at St. Luke's community dining in Chelsea. We host AA meetings on Monday and Tuesday evenings and a Muslim prayer group on Fridays at noon.

Kurukulla Center**Phone: 617-624 0177**

68 Magoun Ave, Medford, MA

<http://www.kurukulla.org/contact-kurukulla-center-tibetan-buddhism.php>

Kurukulla Center's mission is to provide a community of support for those who are studying and practicing the Tibetan Buddhist tradition.

Sanctuary United Church of Christ**Phone: 781-395-3360**

458 High St., Medford, MA

T-F 11:00 am - 5:00 pm; S 9:00 am to 12 n

Sanctuary United Church of Christ is a diverse community of action-oriented followers of Jesus, who humbly strive through worship, faith formation and the practice of Jesus teachings to love God and our neighbors as God loves us. God calls us to care for and meet people where they are; share a life of prayer and joyful service with all; and together--worship, rest in, and serve God. We are seekers of justice and lovers of all of God's creation. Through the community formed by the Holy Spirit, we are consoled, forgiven, refreshed and inspired. We extravagantly welcome all people; believers, non-believers, doubters, questioners, no matter who they love, their gender identity or expression, their race, culture, ability, or economic circumstance. All are a blessing to our journey of faith and we seek to share God's love and grace with all.

office@sanctaryucc.org**St. Clement's School****Phone: 781-396-3488**

579 Boston Ave, Medford, MA

<http://saintclementschool.org/>

Committed to nurturing the whole person by providing a competitive K-12, high-quality Catholic education for each student, and is accredited by the New England Association of Schools & Colleges, Inc.

Tufts University

Tufts University Community Relations

120 Packard Ave, Medford, MA

Phone: 617 627-3780

M-F: 9:00 AM -5:00 PM

Connector for Tufts resources including space on campus, access to student volunteers, etc.

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